

# New Garden Friends Meeting

First Day Notes

*September 13, 2019*

**Meeting for Worship (Worship Room):**

**9 a.m. Unprogrammed**

**11 a.m. Semi-programmed**

New Garden Friends Meeting encourages all children to attend Meeting for Worship. Many families choose to bring their children for the programmed message, and leave with a childcare helper prior to the silence. Some opt to stay for the entire duration of Meeting for Worship. However, if neither of these options work for your family, childcare is available. Please choose what is best for you.

Activities packets and crayons are available outside the Meeting room. We keep a blanket and quiet(er) toys near the facing bench for our Littlest Friends to participate in “Meeting for Wiggles”.

**Intergenerational First Day School (9:30-10:30, Fellowship Hall):** Intergenerational First Day School is held once a month, September through May, generally on the second Sunday of the month.

**Childcare during Meeting for Worship (10:30-rise of Meeting)** with Eva Houston and Megan Warrick.

**Brotherhood Class (9:45-10:50, Rm. 111):** The Brotherhood class is a group of men and women who are interested in Bible study.

This year we are launching an exciting new program! Join us on the third Sunday of each month for a special Brotherhood Forum. We will discuss the many ways that the Bible speaks to our commitment to social justice.

Each class can be appreciated on its own, so you may attend as you are able. All are welcome to join.

Please see the “Adult Forum” section for a more detailed description of this week’s program.

**Spiritual Disciplines (10:00- Rm. 109):** Spiritual Disciplines is an informal gathering of the curious and seeking, for shared exploration into practices that can transform our relationships with the inward light, the Divine and each other. All are welcome to come explore; no preparation required. We are a casual, affirming group, and gather at 10ish.

We are discussing “Control of the Tongue” as a spiritual discipline. The book we're currently using to guide our studies is *Spiritual Disciplines Handbook, Practices that Transform Us*, by Adele Ahlberg Calhoun, from IVP Books.

**Adult Forum (9:45-10:50, Parlor):** Join us this Sunday, September 15th, at 9:45 a.m., in the parlor for the launch of a new Religious Education program!

"Brotherhood Forum" is a hybrid of two of New Garden's beloved adult First Day School classes, Brotherhood Quaker Bible Study, and Adult Forum.

This week, Max Carter will share about the Quaker idea of "Heaven on Earth", and the implications of that idea for social justice work.

Brotherhood booklets are available in advance for those who are interested in reading the corresponding weekly lesson. Contact Karin Heller for more information. [karin@ngfm.org](mailto:karin@ngfm.org)

**Children’s Choir (10:30-10:45, choir room):** Children of all ages are invited to join us in the choir room to make a joyful noise!

**Young Friends (5-7p.m.):** This week Young Friends will meet to discuss and finalize a list of themes for discussion for the upcoming year. For more information about our Young Friends program, or to be included in the weekly email group, please contact Karin Heller.

*For more information about any of our Religious Education Programs, contact Karin Heller.*

[karin@ngfm.org](mailto:karin@ngfm.org)

### **Office Hours**

*Monday, Wednesday, and Thursday 9:30-1*