

# First Day Notes

## First Day Classes & Childcare

### **Intergenerational First Day School (9:30-10:30 Friendship Hall):**

Intergenerational First Day School is an opportunity for Friends of all ages and abilities to explore Quaker history and values and Bible stories together. It is our mission to build relationships across ages and perspectives through discussion, play, arts and crafts, stories, and service projects. We believe that a diverse offering of First Day School programs help us warmly welcome all people into our Meeting community.

This week, our theme is **“Finding Manna in the Wilderness”**. As always, breakfast is provided. Join us!

### **Brotherhood Class (9:45-10:50Rm. 111):**

John Kepchar will be teaching from the Fall Illuminate series entitled, “Christ as Present Teacher”. This week, “God Finds Us and Wel-

comes Us”. All are welcome!

### **Spiritual Disciplines (9:45-10:50Rm. 109):**

Karen Garraputa leads this book discussion group. Join us as we continue the discipline of Bible study with our reading and discussion of the Gospel of Mark.

### **Adult Forum (9:45-10:50 Parlor):**

Beginning this week, we invite Friends to join us for a 6 week series as we walk through the publication *Speak Up!*. *Speak Up!* is designed to help people learn how to address bias and bigotry in every day settings. Cathie Holcombe, Jennifer Schaal, and Cari Reeves will facilitate reading and discussing the shared text provided by the Southern Poverty Law Center.

**This week;**

“Introduction, and Addressing Bias With Family and Neighbors”

### **Childcare**

**Crib Room** (Infants through 2 years) 9:30-12 with Margaret Rutherford.

**Childcare during Meeting for Worship** (3 yrs and up) 10:30– rise of meeting with Sydney Keskinen.

*We’ll continue to keep a blanket and quiet toys near the facing bench for our littlest Friends to participate in ‘Meeting for Wiggles’*

For more information about any of our Religious Education Programs, contact Karin Heller.

[karin@ngfm.org](mailto:karin@ngfm.org)



### ***Meeting for Worship***

### ***Unprogrammed Meeting for Worship***

**9 A.M.**

### ***Semi Programmed Meeting for Worship***

**11 A.M.**

NGFM encourages all children to attend Meeting for Worship. If you’d like, take a copy of the pamphlet “Helping Children Learn to Worship” from the newcomers table in the Meeting room foyer.

However, if this does not work for your family, childcare is available. Please choose the option that is best for your family.

### **Young Friends**

Come one, come all! NGFM is getting the gang back together and calling all Young Friends (6th through 12 grade) to come experience what we are all about and partake

in a gathering of Young Friends like no other; an all inclusive group deciding what path they want to follow.

**The first meeting will be October 1st at 5 p.m.**

**October 1: Welcome to Young Friends Festivities**

**For more information about our Young Friends Program, please contact Patrick Westervelt.**

**[westervelt.patrick@gmail.com](mailto:westervelt.patrick@gmail.com)**